

YONG-IN TAIGON TAEKWONDO, INC.

COVID19 – ANNOUNCEMENT for Phase 2/3

STAFF Preparation

Our staff know that in addition to their teaching responsibilities, they will also be required to follow strict cleaning protocols, monitor and address student compliance with new safety policies, as well as comply with our new staff code of conduct.

- ▶We conducted a three hour in person meeting in advance. We are continuing staff communication.
- ▶We reviewed attendance, cleaning and documentation process as necessary
- ▶We are staying vigilant – and doing everything we can to stay safe
- ▶We Lead by example to earn students and parents trust.
- ▶We don't joke, apologize, or express frustration about the Covid19 procedures.
- ▶We have the necessary cleaning supplies and procedures in place prior to reopening.
- ▶We have ordered more hand sanitizer to sanitize our student's hands upon entering our school
- ▶We are not wearing gloves as instructors, but we are using gloves for cleaning only.
- ▶Staff will wear masks all the time
- ▶Staff will monitor bathroom make sure kids wash their hands and use the paper towels to dry hands
- ▶Parents will wear masks all the time indoors during phase 3 and only stand on designated X spots

Our Classroom Management Process

1. Classes are 30 mins for Tiny Taigons/& White Belts
2. Classes are 35 mins for color belt and above
3. Training area and rooms areas will be sanitize prior to next class
4. No early arrivals. There will be a 15 minutes sanitizing between classes
5. Student will train in a designated area (6 feet apart from one another)
6. Students should be instructed to use a low level of kihap
7. Staff/students wear masks or face shields at all times
8. Staff/students sanitize hands upon entering/leaving our school
9. During phase 3, Parents sanitize hands upon entering/leaving our school

Class Any Format and distance 6 feet apart

1. Bow in and Meditation (15 seconds)
2. Warm Up Exercises (5-8 mins)
3. Kicking Drills (10-15 mins)
 - ▶With Instructor
 - ▶With a physically distanced partner
 - ▶With a Wavemaster
 - ▶With noodle 😊
 - ▶Shadow sparring

- ▶With phase 2 – classroom division up to 5 (semi-private lessons)
- ▶With phase 3 – classroom up to 50 students